

# 2024

The following calendar includes eye care, vision and health care observances celebrated in the U.S. as well as AOA milestones and events. For more information and resources, visit [Educate Your Community](#).

*Items marked in blue indicate AOA milestones or events.*

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## January

- Glaucoma Awareness Month
- New Years Resolutions & Eye Care
- [Workplace Wellness \(Eye Deserve More\)](#)

## February

- Low Vision Awareness Month
- Black History Month

## March

- [Save Your Vision Month](#)
- Workplace Eye Wellness Month
- Women's History Month
- International Women's Day (March 8)
- World Optometry Day (March 23)

## April

- National Stress Awareness Month
- Allergy Season & Eye Care
- Earth Day (April 22)
- [Total Solar Eclipse \(April 8\)](#)

## May

- Healthy Vision Month
- American Stroke Month
- Summer Sun & Eye Care
- Asian Pacific American Heritage Month

## June

- [Optometry's Meeting \(June 19-22\)/Launch of Eye Deserve More 4.0](#)
- Cataract Awareness Month
- Children's Vision Awareness Month
- Juneteenth (June 19)
- LGBTQIA+ Pride Month

## July

- World Sjogren's Day
- Firework Safety Awareness Month
- [Back-to-School](#)
- Disability Pride Month

## August

- Children's Eye Health & Safety Month
- National Eye Exam Month
- Children's Vision & Learning Month
- Contact Lens Health Week (August 19-23)

## September

- Healthy Aging Month
- Hispanic Heritage Month (September 15)
- [Paraoptometric Appreciation Month](#)

## October

- World Sight Day
- Eye Injury Prevention Month
- Indigenous Peoples' Day (October 14)
- [Halloween & Decorative Contact Lenses](#)

## November

- American Diabetes Month
- World Diabetes Day (November 14)
- Great American Smokeout (November 16)
- Native American Heritage Month

## December

- FSA Year End
- Holidays & Gift Giving