The following calendar includes eye care, vision and health care observances celebrated in the U.S. as well as AOA milestones and events. For more information and resources, visit Educate Your Community. *Items marked in blue indicate AOA milestones or events.*

**January**
- Glaucoma Awareness Month
- New Years Resolutions & Eye Care
- Workplace Wellness (Eye Deserve More)

**February**
- Low Vision Awareness Month
- Black History Month

**March**
- Save Your Vision Month
- Workplace Eye Wellness Month
- Women’s History Month
- International Women’s Day (March 8)
- World Optometry Day (March 23)

**April**
- National Stress Awareness Month
- Allergy Season & Eye Care
- Earth Day *(April 22)*
- Total Solar Eclipse *(April 8)*

**May**
- Healthy Vision Month
- American Stroke Month
- Summer Sun & Eye Care
- Asian Pacific American Heritage Month

**June**
- Optometry’s Meeting *(June 19-22)/Launch of Eye Deserve More 4.0
- Cataract Awareness Month
- Children's Vision Awareness Month
- Juneteenth *(June 19)*
- LGBTQIA+ Pride Month

**July**
- World Sjogren’s Day
- Firework Safety Awareness Month
- Back-to-School
- Disability Pride Month

**August**
- Children’s Eye Health & Safety Month
- National Eye Exam Month
- Children’s Vision & Learning Month
- Contact Lens Health Week *(August 19-23)*

**September**
- Healthy Aging Month
- Hispanic Heritage Month *(September 15)*
- Paraoptometric Appreciation Month

**October**
- World Sight Day
- Eye Injury Prevention Month
- Indigenous Peoples' Day *(October 14)*
- Halloween & Decorative Contact Lenses

**November**
- American Diabetes Month
- World Diabetes Day *(November 14)*
- Great American Smokeout *(November 16)*
- Native American Heritage Month

**December**
- FSA Year End
- Holidays & Gift Giving