

The following calendar includes eye care, vision and health care observances celebrated in the U.S., as well as AOA milestones and events. For more information and resources, visit [Education Your Community](#).

*Items marked in blue indicate AOA milestones or events.*

## January

- **Glaucoma Awareness Month**

## February

- **Low Vision Awareness Month**  
Sponsored by: [National Eye Institute](#)
- **Wear Red day**  
Sponsored by: [American Heart Association](#)
- **Black History Month**

## March

- **Save Your Vision Month**  
Led by: [The American Optometric Association](#)  
For more information, visit [Educate Your Community/Save Your Vision Month](#).
- **National Nutrition Month**  
Sponsored by: [The Academy of Nutrition and Dietetics](#)
- **Brain Injury Awareness Month**  
Sponsored by: [The Brain Injury Association of America](#)
- **American Diabetes Association Alert Day (March 22)**  
Sponsored by: [American Diabetes Association](#)
- **Women's History Month**
- **International Women's Day (March 8)**

## April

- **National Public Health Week (April 3-9)**  
Sponsored by [The American Public Health Association](#)
- **Earth Day (April 22)**

## May

- **Healthy Vision Month**  
Sponsored by: [The National Eye Institute](#)
- **American Stroke Month**  
Sponsored by: [American Heart Association](#)
- **Asian Pacific American Heritage Month (AAPI Heritage Month)**

## June

- **Optometry's Meeting (June 25-28) Featuring Eye Deserve More's - The Eye**
- **LGBTQIA+ Pride Month**
- **Juneteenth (June 19)**

## July

- **Back-to-School Initiatives (through September)**  
Led by: [The American Optometric Association](#)  
For more information, visit [Educate Your Community](#).
- **Disability Pride Month**

## August

- **Contact Lens Health Week (August 21-25)**  
Sponsored by: [The Centers for Disease Control and Prevention](#)

## September

- **Healthy Aging Month**
- **Paraoptometric Appreciation Month**  
Led by: [The American Optometric Paraoptometric Resource Center](#)
- **Hispanic Heritage Month**

## October

- **Halloween Eye Safety Awareness**  
Led by: [The American Optometric Association](#)  
For more information, visit [Educate Your Community](#).

## November

- **American Diabetes Month**  
Sponsored by: [The American Diabetes Association](#)
- **World Diabetes Day (November 14)**
- **Great American Smokeout (November 16)**  
Sponsored by: [The American Cancer Society](#)
- **Native American Heritage Month**

## December

- **FSA Year-End**