

2026

The following calendar includes eye care, vision and health care observances celebrated in the U.S., as well as AOA milestones and events. For more information and resources, visit [Educate Your Community](#).

Items marked in blue indicate AOA milestones or events.

January

Glaucoma Awareness Month

- AOA Resources: [Glaucoma](#)

February

Low Vision Awareness Month

- AOA Resources: [Low Vision](#)

March

World Optometry Day & Week

- AOA Resources: [Optometry Careers](#)

Save Your Vision Month

Led by: The American Optometric Association

- AOA Resources: [Save Your Vision Month](#)

Workplace Eye Wellness Month

- AOA Resources: [Digital Eyestrain](#)
- AOA Resources: Screen Savvy: [An Eye Health Report for the Modern Workforce](#)
- AOA Resources: [Workplace Wellness Member Toolkit](#)
- AOA Resources: [Eye Deserve More](#)

Brain Injury Awareness Month

- AOA Resources: [Sports](#)

American Diabetes Association Alert Day

- AOA Resources: [Diabetes](#)

April

National Public Health Week

- AOA Resources: [Online Vision Tests](#)
- AOA Resources: [General Eye Health and Vision](#)

May

Healthy Vision Month

- AOA Resources: [Educate Your Community](#)

American Stroke Month

- AOA Resources: [Strokes](#)

June

Optometry's Meeting - June 17-20

July

Back-to-School Initiatives (through September)

Led by: The American Optometric Association

- AOA Resources: [Children's Vision](#)

UV Safety Awareness Month

- AOA Resources: [UV Protection](#)

August

Contact Lens Health Week

- AOA Resources: [Contact Lenses](#)
- AOA Resources: [Decorative Contact Lenses](#)

Children's Eye Health and Safety Month

- AOA Resources: [Children's Vision](#)

September

Healthy Aging Month

- AOA Resources: [Driving](#)
- AOA Resources: [General Eye Health and Vision](#)

Paraoptometric Appreciation Month

Led by: The American Optometric Paraoptometric Resource Center

- AOA Resources: [What is a Paraoptometric?](#)

October

Halloween Eye Safety Awareness

Led by: The American Optometric Association

- AOA Resources: [Decorative Contact Lenses](#)

November

American Diabetes Month

World Diabetes Day

- AOA Resources: [Diabetes](#)

Great American Smokeout

- AOA Resources: [Smoking and Eyes](#)

December

FSA Year-End

- [AOA's Monthly Calendar](#)