When vision problems stop you from participating in everyday activities, THERE IS HELP!

Common Causes:
- Macular degeneration
- Diabetic retinopathy
- Glaucoma
- Retinitis pigmentosa
- Stroke/traumatic brain injury
- Optic nerve disease

Vision Rehabilitation Can Help With:
- Reading
- Writing
- Safety
- Community integration
- Transportation sources
- Cooking
- Driving
- Walking
- Self-care
- And much more!

See a doctor of optometry for a low vision evaluation and maximize your quality of life and independence.

Signs & Symptoms:
- Blurred vision
- Distorted vision
- Loss of detail vision
- Central vision loss
- Peripheral (side) vision loss

Vision loss can affect your physical and mental health

Doctors of optometry can provide vision rehabilitation services for people with recent or chronic vision loss

Courtesy of Enhanced Vision, a Vispero Brand
Doctors of optometry can provide vision rehabilitation services for people with vision impairment, low vision or blindness, including services and options such as:

**Therapy:** maximize the use of remaining vision

**Assistive software:** screen-enlarging and document-reading software; also smartphone and tablet applications

**Environmental adaptations:** lighting recommendations, glare control, and contrast enhancement options

**Education and counseling:** cope with vision loss and explore community resources

**Low vision aids & assistive technology:** magnifiers, telescopes, video magnifiers

**Non-optical low vision aids:** line guides, large print labels and material, audio aids, large keypads, and tactile markings that you can touch on appliances

---

**TO FIND A DOCTOR OF OPTOMETRY WHO PROVIDES VISION REHABILITATION:**

1. Visit [aoa.org/doctorlocator](https://www.aoa.org/doctorlocator)
2. Enter your location (city, state, or zip code)
3. Select “Vision Rehabilitation Emphasis”
4. Click on “SEARCH”