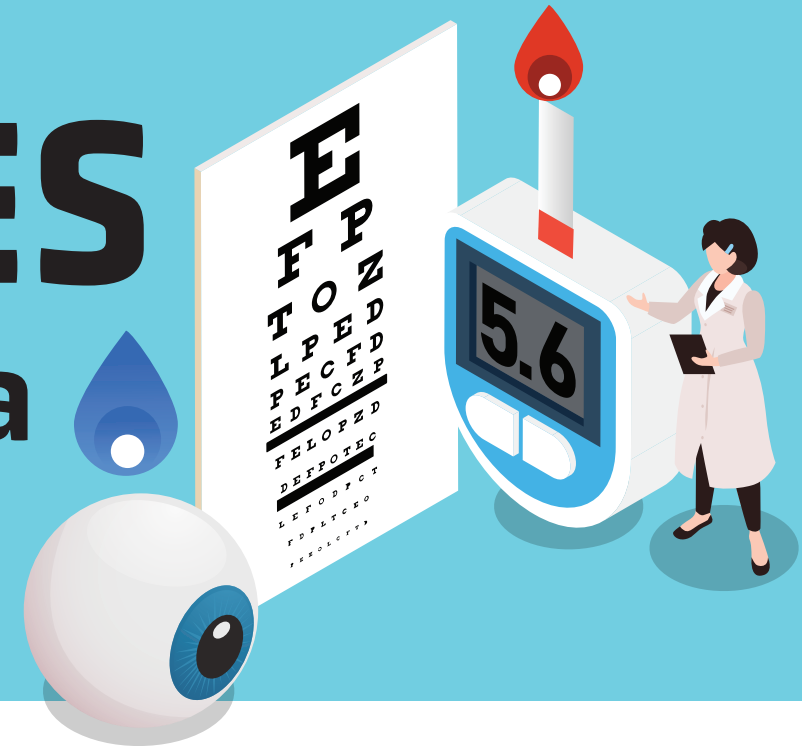


# DIABETES & YOUR EYES

Get a dilated eye exam at least once a year with your doctor of optometry.



**FACT #1:** In 2019, doctors of optometry detected an estimated 431,000 cases of diabetes in patients who were unaware they had the disease.



**FACT #2:** People with diabetes are at higher risk for eye diseases, such as glaucoma, cataracts, and diabetic retinopathy.



**FACT #3:** Unfortunately, only 54% of people with diabetes regularly visit their doctor of optometry, according to the American Optometric Association's American Eye-Q<sup>®</sup> Survey.

**Early detection and treatment can save your vision. No online app can do that.**



AMERICAN OPTOMETRIC ASSOCIATION

Visit [aoa.org](http://aoa.org) for more information or to find an optometrist near you.