

AOA Paraoptometric Examination Study Resources

This document is a list of the recommended AOA study resources that any paraoptometric can use when preparing for a Commission on Paraoptometric Certification (CPC) examination. The listing of these resources does not constitute a CPC endorsement of these sources and does not imply a guarantee that candidates will be successful in passing any CPC examination, if they are used in examination preparation. However, these study materials are created based off the most current CPC Exam Outline.

Majority of the AOA recommended study resources can be found in EyeLearn. To access EyeLearn you will use your AOA credentials. If you do not know your login credentials or need to have a login created, please reach out to our Member Services Department (memberservices@aoa.org).

Please note, EyeLearn is a member benefit which means non-member paraoptometrics will be charged a fee for any EyeLearn content they choose to access.

The next few pages will outline the AOA study resources for each CPC certification level (CPO, CPOA, CPOT & CPOC). If you have any questions about the study materials, please reach out to the Education Center (educationcenter@aoa.org).



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Available Courses in EyeLearn – Study Checklist

Certified Paraoptometric (CPO):

- Certified Paraoptometric Review Course (CPO):
 - 2024 Paraoptometric Candidate Handbook (PDF)
 - CPO Exam Outline (PDF)
 - 2020-2024 Certified Paraoptometric (CPO) Exam: Study Resources (PDF)
 - CPO Review Course (Webinar)
 - CPO Review Course Workbook (PDF)
 - Presentation Slides (PDF)
 - CPO Review Course Follow Up (Webinar)
 - Presentation Slides (PDF)
 - Optometric Terminology (PDF)
 - Test Taking Tips (PDF)
- Para Certification Study Halls (ALL)
- Basic Anatomy and Conditions of the Eye (Webinar)

Certified Paraoptometric Assistant (CPOA):

- Certified Paraoptometric Assistant Review Course (CPOA):
 - 2024 Paraoptometric Candidate Handbook (PDF)
 - CPOA Exam Outline (PDF)
 - 2020-2024 Certified Paraoptometric Assistant (CPOA) Exam: Study Resources (PDF)
 - CPOA Review Course (Webinars) Part 1 & 2
 - Presentation Slides (PDF) Part 1 & 2
 - Test Taking Tips (PDF)
- Para Certification Study Halls (ALL)

Certified Paraoptometric Technician (CPOT):

- Certified Paraoptometric Technician Review Course (CPOT):
 - 2024 Paraoptometric Candidate Handbook (PDF)
 - CPOT Exam Outline (PDF)
 - 2020-2024 Certified Paraoptometric Technician (CPOT) Exam: Study Resources (PDF)
 - CPOT Review Course (Webinar)
 - Presentation Slides (PDF)
 - Test Taking Tips (PDF)
- Para Certification Study Halls (ALL)

Additional Study Resources in EyeLearn

AOA Member Courses:

Topic	Course Title
Ophthalmic Dispensing/Contact Lenses	<ul style="list-style-type: none"> • Para Speaker Series: Optical Dispensing Gems Learned from Experience • Para Speaker Series - Contact Lenses and All Their Possibilities • Getting Paid for Fitting Contacts • Para Speaker Series: The Art of Frames and Lenses
Practice Management	<ul style="list-style-type: none"> • The Words to Improve Communication with Patients
Special Procedures	<ul style="list-style-type: none"> • Therapeutic Strategies in Clinical Eye Care • Clinical Grand Rounds • Para Speaker Series: Taking a Deeper into Diabetes • Para Speaker Series: Navigating Diabetes • Para Speaker Series – Ocular Surgeries and the Role Paraoptometrics Play
Paraoptometric Skill Builder®	<ul style="list-style-type: none"> • Beginner • Intermediate • Advanced

AOA Non-member Courses:

EyeLearn Course Title
Therapeutic Strategies in Clinical Eye Care
Clinical Grand Rounds

Certified Paraoptometric Coder (CPOC) Study Resources

This is an **open-book examination based on ICD-10**. Only the following bound textbooks will be permitted.

- CPT® (Current Procedural Terminology) Standard or Professional Edition (current edition recommended)
- Codes for Optometry (current edition recommended)
- ICD-10-CM International Classification of Diseases (current edition recommended)
- ICD-10-CM the Complete Official Codebook (may say “with guidelines”)

Additional CPOC Study Resources:

- 1) Current Procedural Terminology (CPT®) Standard or Professional Edition (current edition recommended) (not sold through the AOA)
- 2) Certified Paraoptometric Review Course (EyeLearn) – reference checklist under CPO
- 3) Insurance Processing Flash Cards (Marketplace- PS21)