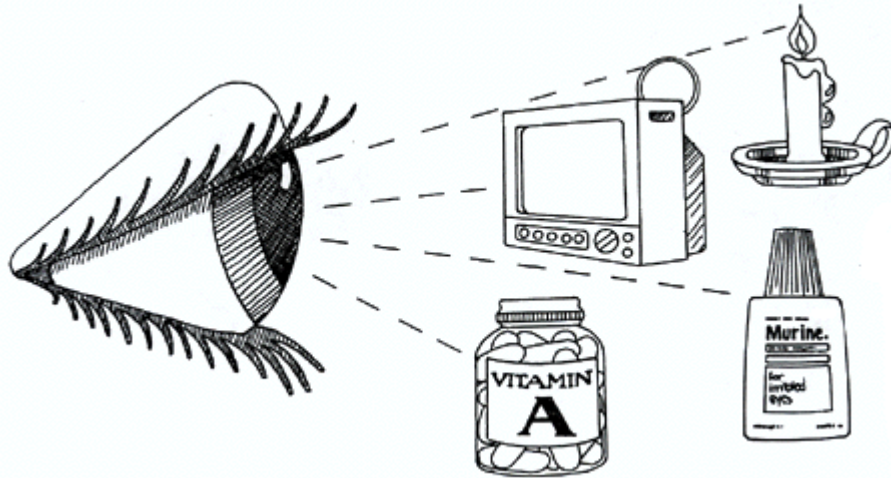


Activity Sheet 2: Your Eye-Q Test

How well do you understand your eyes? Find out by taking this test.

Check the True or False box next to each statement. When you are finished, find the correct answers at the bottom of the page.

Grade yourself as follows: 19-20, I understand my eyes very well; 17-18, my view of my eyes is pretty clear; 15-16, my concept of my eyes is a little fuzzy; 13-14, the way I see my eyes could use a little correcting; and 12 or under, I need a much better understanding of my eyes.



True	False	Questions
		1. At a distance of 10 inches, my eyes can detect an object as small as four thousandths of an inch.
		2. My eyes can distinguish only four colors.
		3. My eyes can see a candle 14 miles away.
		4. Ten percent of what I know comes through my eyes.
		5. Reading in dim light can strain my eyes.
		6. When watching TV, I should sit a distance equal to twice the width of the screen.
		7. Too little vitamin A in my diet can cause reduced night vision.
		8. Dilation of the pupils allows my doctor to better view the inside of my eyes.
		9. The best color for sunglasses is blue.
		10. Tears contain substances that slow bacterial growth.

ANSWERS: 1.T. 2.F. 3.T. 4.F. 5.F. 6.F. 7.T. 8.T. 9.F. 10.T. 11.T. 12.F. 13.F. 14.T. 15.F. 16.F. 17.T. 18.T. 19.T.
20.T.