



# 2024 Vision-Friendly Gift List: 130

## Optometrist-Approved Children's Toys

The most cherished gift you could give your children is time. Here are some fun and excellent toys that could provide hours of fun for you and your children while at the same time enhancing your child's visual development.

### **Building Toys**

---

Develop eye-hand coordination and visualization/imagination.

Melissa & Doug Building Blocks (Ages 2-5)  
Tetra Tower Balance Stacking Blocks Game (3+)  
Mega Bloks (1+)  
Magna-Tiles (3+)  
Lincoln Logs (3+)  
Tinker Toys (3+)  
K'NEX (3+)  
Legos/Duplos (4+)  
ThinkFun Roller Coaster Challenge (8+)  
Erector Set (8+)  
ThinkFun Gravity Maze (8+)  
VEX Robotics (PreK to 12+)

### **Balance and Coordination Toys and Games**

---

Develop gross motor skills, laterality and bilateral coordination.

Sit and Spin (1.5+)  
Hoppity Hop (3+)  
Pogo Ball for Kids (3+)  
Hoola hoop (4+)  
Jump Rope (5+)  
Razor GogoPogo stick (5+)  
Twister Game (6+)  
Balance Stepping Stones for Kids (2+)  
Balance Board  
Bicycle

### **Memory Games**

---

Develop visualization and visual memory.

Ravensburger Junior Memory (3+)  
The Learning Journey: Match It! (3+)  
Matching Game-Memory Games (3+)  
Ladybug Memory Game (3-5)  
Briarpatch I Spy Memory Game (4+)  
Wooden Memory Chess Matching Game (3+)  
Memory Game (5+)  
Melissa & Doug Flip to Win (5-8)  
Loopz (7+)  
Simon Classic Game (8+)  
Chicken Cha Cha Cha (12+)  
Match Madness (7+)

### **Space Perception Toys**

---

Develop depth perception and eye-hand coordination.

#### ***Within arm's length:***

Pindaloo (9+)  
Don't Break the Ice (3+)  
Egg and Spoon Race (4+)  
Let's Go Fishing (4+)  
Jumpin' Monkeys (5+)  
Marbles (5+)  
Hasbro KerPlunk (5+)  
Operation (6+)  
Door Pong (7+)  
Jenga (8+)

#### ***Beyond arm's length:***

Ball (any kind!) (All ages!)  
Playskool Elefun (3+)  
Frisbee Rings (3+)  
Dart Games (Velcro) (3+)

Merry Christmas from the staff of The Vision Therapy Center!



Nerf Basketball (4+)  
Fat Brain Toys Box & Balls (5+)  
Frisbee (5+)  
Ring Toss (5+)  
Toss Across (tic-tac-toe) (5+)  
Cornhole Bean Bags (5+)  
Oball (good for kids who have difficulty catching balls) (6+)  
Bowling Zombies Toys (8+)  
Pitchback  
Cuponk (9+)

## **Visual Thinking Toys and Games**

---

Develop visual perceptual skills including: visual memory, visual discrimination, pattern recognition and sequencing. These skills are important for academics including mathematics, reading and spelling.

STEM Explorers Brainometry (5+)  
Wooden form board puzzles (2+)  
Jigsaw puzzles (3+)  
Gears!Gears!Gears! (3)  
Old Maid Card Game (3+)  
Go Fish Card Game (4+)  
Parquetry Blocks (4+)  
Tumble Trax (5+)  
Smart Games Color Code (5+)  
Attribute Blocks (5+)  
Make N Break Jr.(5+)  
Checkers (5+)  
Blokus (5+)  
Rush Hour Jr.(5+)  
Perfection Game (5+)  
Mathlink Cubes (5+)  
Smart Games IQ Puzzler Pro (6+)  
Guess Who (6+)  
Mancala (6+)  
Chinese Checkers (6+)  
Set Card Game (6+)  
Math Dice, Math Dice Jr. (6+)  
Qwirkle (6+)  
Connect Four Game (6+)  
UNO (7+)  
Spot It! (7+)

Battleship Game (7+)  
ThinkFun Laser Chess (8+)  
ThinkFun Shadows in the Forest (8+)  
ThinkFun Cat Crimes (8+)  
Bop It (8+)  
Blink Card Game (8+)  
Racko (8+)  
Q-bitz Pattern Matching (8+)  
Rubik's Cube (8+)  
Color Cube Sudoku (8+)  
Kanoodle (8+)  
Rory's Story Cubes (8+)  
Amaze (8+)  
Bejeweled Board Game (8+)  
Tetris Bop It (8+)  
Labyrinth Game (8+)  
Connect Four Shots (8+)  
Perplexus (8+)  
Sort it Out (12+)

## **Fine Motor Skill Toys**

---

Develop visual-motor integration and fine motor skills.

Esjay Toddler Busy Board Montessori Toys (3+)  
Finger Paints (1+)  
Kinetic Sand (1+)  
Pegboard and Pegs (3+)  
Coogam Wooden Geoboard (1+ with an adult)  
Counting Dinosaur Sorting (3+)  
Noodle Knockout! (4+)  
Coloring Books and Crayons (3+)  
Dot-to-Dot Activity Books (3+)  
Play-Doh/Modeling Clay (3+)  
Chalkboard Easel (3+)  
Large Bead Stringing (3+)  
Lacing Cards (3+)  
Lite-Brite (4+)  
Silly Putty (4+)  
Rainbow Loom (5+)  
Jacks Toy (5+)  
Stencils  
Spirograph  
Origami Sets (8+)  
Paint or Color By Numbers

Merry Christmas from the staff of The Vision Therapy Center!