What you should know about
Children’s Vision 1-3-5

Kids should have an examination by an optometrist BEFORE AGE 1 so the doctor can examine for eye disease and normal eye development. Early detection at this age can prevent vision problems that can have lifelong effects. The American Optometric Association and Pennsylvania Optometric Association recommend a first eye exam at age 6 to 12 months.

At AGE 3 kids are examined for eye health, eye movement skills, focusing, and the development of binocular vision skills. Visual conditions, like lazy eye (amblyopia), are most responsive to treatment if diagnosed by the age of 3.

At AGE 5 a child is examined to determine the readiness of vision skills for learning in the school setting. An estimated 25-30% of children have a significant need for eyeglasses or other treatment for vision problems.

Protect your child’s ability to learn

Sponsored by the Pennsylvania Optometric Association, Marchon Eyewear and Benedict Optical

www.poaeyes.org