I’m so excited! Spring is just around the corner!
I’m looking forward to warmer weather, flowers blooming, birds singing and SPRING CONGRESS!

This will be an extra special Spring Congress for me as this is my last Spring Congress as President. I cannot measure the amount of personal growth I’ve experienced these last couple of years. I have so many people to thank for that. I am so grateful for the opportunity to serve as President.

Spring Congress will be held in Lancaster, May 17 - 19. This is extra special to me because that is where my career in Paraoptometry began. Twenty five years ago I answered an employment ad that changed my life. In a way, my career journey has come full circle.

What’s on your agenda for personal growth this Spring? Are you planning to get certified? PPA has many study resources available. Are you considering joining the PPA Board or committees? You are the future of PPA.

Let’s Get Excited!

Are you thinking of studying for a certification? The PPA Loaner Library has many resources to help you to study. There are study guides and flash cards available for CPO, CPOA & CPOT. All materials are available for loan for 8 weeks. Contact me for more info –

Camille Seganos, CPOA
Librarian
camilivanili@yahoo.com
(814) 814-266-7611 phone
(814) 814-266-3532 fax
Report of the Secretary/Treasurer

April Stewart

**PURPOSED BUDGET 2014**

<table>
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<th>INCOME</th>
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LETTERS OF INTENT 2014

SARAH OWENS, CPOC  
President-Elect

To The Pennsylvania Paraoptometric Association:

I would like to submit my Letter of Intent to run for the office of President Elect. For the last three years, I proudly served in the position of Vice President of Continuing Education for the PPA. I am employed at my family’s practice Owens Optometrics in New Holland, PA as a front office manager and patient accounts manager.

I have enjoyed working with the PPA Board, PPA membership and the POA through these last years of restructure and growth for the organization. Moving into another position, I look forward to expanding the membership and awareness of the rewarding opportunities PPA membership offers. I am also very excited to help mentor any new Board members.

Thank you for this opportunity, I look forward to seeing everyone at the May education.

Sincerely,
Sarah Owens, CPOC

ESTELA VALERA, CPO  
Vice President of Communications & Public Relations

To the members of the PPA,

My name is Estela Valera. I have been a proud member of the Pennsylvania Paraoptometric Association for 3 years and am currently serving on the PPA Board. Accept this letter of intent for the position of Vice President of Communication and Public Relations for the PPA. I have been working in the Ophthalmic/Optometric field for almost eight years and love what I do. I will continue to provide PPA with nothing more than exceptional leadership and positivity.

Respectfully,
Estela Valera, CPO

APRIL STEWART  
Secretary/Treasurer

To the members of the PPA,

My name is April Stewart and I would like for you to accept this letter of intent for the position of Secretary/Treasurer for the PPA. I am currently holding this position and have been for the past 2 years. I have been employed by Dr. David Wagner O.D. for 8 years and I have worked my way from front desk receptionist to office manager. I am proud to be a part of the PPA and I hope to bring my experiences to this organization so that it may continue to grow.

Sincerely,
April M. Stewart

Vacant Board Position:  
Vice President of Continuing Education  
If interested in running for board position, please contact Camille Seganos, CPOA
OPHTALMIC WORD SEARCH

OPTICAL WORD SEARCH

ACKNOWLEDGMENTS

ABBREVIATIONS

Techs need to know

DM Diabetes Mellitus

Dx Diagnosis

EOM Extraocular Movements

EKCE Epidemic Kerato- conjunctivitis

EOM Extraocular Movements

ESO Esophoria (at rest, eyes have a tendency to deviate inward binocularity)

ET Esophoria (an individual eye turns inward)

EXO Esophoria (at rest, eyes have a tendency to deviate outward binoculary)

FB Foreign Body

GPC Giant Papillary Conjunctivitis

HA Headache

Hx History
Do you know a Girl Scout?

The Vision Awareness Girl Scout Patch can be earned by completing activities that educate Girl Scouts about vision, the eyes and many other related topics. For a complete list of activities and patch request form, visit our website at www.poaeyes.org or contact me at:

Camille Seganos, CPOA
Girl Scout Patch Committee

camilivanili@yahoo.com
(814) 266-7611 phone
(814) 266-3532 fax

PPA News Feed

POA ANNUAL CONGRESS

LANCASTER, PA
MAY 17 – 19, 2013

VISIT OUR PAGE ON FACEBOOK AT
PENNSYLVANIA PARAOPTOMETRIC ASSOCIATION
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camilivanili@yahoo.com

President-Elect
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vjkohler@verizon.net

Secretary/Treasurer
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aprilmarshall20@yahoo.com

VP of Continuing Education
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sarahowens76@yahoo.com

VP of Communications
Estela Valera, CPO
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ellieavc@yahoo.com

Immediate Past President
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610-376-1981 (office)
jazlilytazelysa@gmail.com

POA Liaisons
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(717) 531-6622
mboltz1@psu.edu

Rebecca Wincek-Bateson, O.D.
(724) 349-8000
indianaeyecare@verizon.net

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**Order Form**

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Total Amount Due

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Checks payable to: Pennsylvania Paraoptometric Association
Send to: Theola Amundson, CPOT
118 Scotland Ave.
Puxsutawney PA, 15767