Selling astigmatic kids (and parents) on Daily Disposables
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High astigmatism is an important indication for optical correction in pediatric patients. Here are some of the advantages of prescribing daily disposable torics to these patients.

- **No solution needed**
  Fewer steps in the care regimen make wear of daily disposable toric lenses more convenient and improve compliance. Spare lenses can also be easily transported in case they are needed.

- **Range of parameters available**
  Daily disposable toric lenses are available from a variety of manufacturers with a wide range of parameter availability, currently up to -2.25D of cylinder.

- **Easy adaptation**
  Soft toric lenses have good success rates and require minimal time for lens adaptation, which can be an advantage for their success.

- **Price and convenience**
  A daily disposable toric fit can provide a good mixture of price and convenience when patients are hesitant to undergo orthokeratology due to the higher price it commands as a result of the necessary expertise, more frequent follow-up, and (if needed) dual axis lenses.

- **Consistent visual acuity**
  Soft toric lenses can provide consistent visual acuity with minimal lens rotation. They don’t carry the added risk of side effects such as regression in vision over the course of the day, haloes and glare, or changes in contrast sensitivity.

Of course, there are situations in which other clinical solutions may be better for your pediatric patients. If your pediatric patient is a progressing myopic astigmat, then orthokeratology may, at present, be a better option. However, there are always new developments in the daily disposable market and the myopia control market - we may someday see a lens that meets this type of patient’s needs perfectly.

**References:**


Dr. Sicks received her Doctor of Optometry degree from the Illinois College of Optometry. She completed a Cornea and Contact Lens residency program at Northeastern State University.
Dr. Sicks is currently an assistant professor at the Illinois College of Optometry, where she participates in didactic, clinical, and research activities.