Sports Vision in the News
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In print

Interprofessional Management
In the October issue of International Journal of Sports Physical Therapy, an article highlighted the collaboration of an athletic trainer and an optometrist. This is a case report of a 21-year-old collegiate baseball player who had low back pain for three days. An athletic trainer and chiropractor provided standard therapy for sacroiliac joint dysfunction. After five weeks of various therapies, the pain reported was minimally changed. At that point in time, the team contacted their local optometrist, who is a “neuro-optometrist.” According to the article, the optometrist prescribed 2 pd base-down yoked prisms for two hours per day for four weeks. Along with this, he completed therapeutic exercises and baseball training drills. After four weeks, the athlete was asymptomatic!

This is a very interesting case in which an optometrist was consulted for back pain. Hopefully this will help to show how we are an important part of the team.


Youth Sports Testing of Concussion?
Authors in Neurosurgery bring up a good question…how do we assess athletes in amateur and youth sports for concussion? There is obviously a lot of press on what is done with the pros and collegiate players, but very little attention paid to our young athletes and weekend warriors, who are also at risk for concussion.

In this article, they discuss the results of an article on the King-Devick test in the Journal of Neurological Sciences. They noted how more concussions were picked up by the King-Devick test than those that were witnessed by those on the sideline. The authors state that having a rapid sideline assessment tool, such as the King-Devick test, would be a great tool for those who play in youth and amateur sports. I agree that a sideline assessment tool is imperative for both our youth and amateur athletes. These athletes often don’t have the resources and would benefit from the appropriate treatment if they do suffer a concussion.


Dr. Teig to retire
Dr. Donald Teig was highlighted in his local paper as he is planning on retiring. Dr. Teig, a sports vision specialist, will continue his work on sports vision consulting, as well as work on a book and developing a musical. It sounds like Dr. Teig will be busy down in Florida.

Dr. Teig has entrusted his partners, Dr. Alan Berman, Dr. Eric Bran, and Dr. Rachel Hawran to continue the running of the practice. I know that Dr. Teig has been an ambassador for sports vision and I am happy to hear that he will continue working on this passion during his retirement.

Thank you for all of your hard work and we look forward to more from Dr. Teig in the future.

Reid. M. Dr. Teig retires from eye care here. The RidgefieldPress. 10/28/13.

On the Web
Talk about Eye Protection

Dr. Graham Erickson, former AOA SVS chair and SV OD of the Year, was highlighted in an article from *Optometric Management* entitled “Patient Education About Eye Protection Crucial.” This article highlights the importance of proper sports eye protection for athletes. This article also provides some epidemiology followed by patient resources. This is a nice short article to offer your staff and patients for education. Nice job Graham.


Waterloo Sports Vision

Dr. Kristine Dalton’s work with the University of Waterloo athletics department was highlighted recently. This article discusses her work with the team regarding evaluation and training. This is a neat perspective in which they discuss Dr. Dalton’s passion for vision and helping athletes understand why she is working to make their vision better. It is a nice piece highlighting the fine work our colleague in Canada is doing. Keep up the good work Kristine.